



Province of the
EASTERN CAPE
EDUCATION

Staff

Education Social Support Services: Unit: National School Nutrition Programme
Port Elizabeth District, 46 Park Drive, St. George's Park, Port Elizabeth, 6001
REPUBLIC OF SOUTH AFRICA. Website: www.ecdoe.gov.za

Tel. no.: 041-5088323 Fax: 041-5088307 E-mail: joy.sishi@ecdoe.gov.za
Ref. no.: Reference / Enquiries: Mrs J. Sishi

MEMORANDUM

**TO: SCHOOL PRINCIPALS
SCHOOL GOVERNING BODIES**

**FROM: MS L. GOBA
CES-ESSS**

SUBJECT: IMPLEMENTATION OF DEWORMING
DATE: 23 MAY 2018

The world Health Organization (WHO) advises that school children be dewormed as they are mostly infested with worms. The minister of Education and Health have undertaken to cooperate to ensure a successful implementation of deworming in schools.

The deworming of learners in Quintiles 1-3 was started in 2015 and continues to be administered with HPV for learners in grades 4 (9 yrs and older) during February and March campaign. Learners in quintile 1-3 have already been dewormed and HPV administered.

The Department of Education has extended the deworming programme this year to quintiles 4&5 primary schools, high schools (14year olds) independent, special schools and standalone ECD centres.

Considering the above, the office humbly requests all school principals to inform and promote the deworming programme as is of benefit to learners. Secondly to allow officials(nurses) and the Department of Education to implement the programme in schools.

Nurses will be visiting schools distributing consent forms for learners who are under 12 years and accent forms for those who are over 12 years. It is important that learners though over age agree with their parents about deworming.

The deworming tablets used is the Merbendazole (vermox). Nurses will administer the tablet and monitor if the process. The Department of Health will inform schools of the date of visit to the school (schedule).

For any queries and questions please phone Mrs Sishi at 041-5088323.


L. GOBA MS
CES: ESSS

2018 -05- 24



Learn about worms and stop worms spreading

What kind of worms do you get?

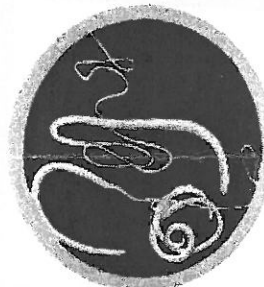
Different types of worms can live inside us. Three of the most common types of worms that infect children are hookworm, roundworm and whipworm.



Hookworm



Roundworm



Whipworm

How do worms get inside you?

Worms grow inside the intestines/gut of infected children. The worms lay thousands of eggs which come out when an infected child goes to the toilet.

Worm eggs are too small to see without a microscope and if we are not careful they can easily get onto our hands, food and drinking water.

When we swallow the eggs, they grow into worms inside our bodies and make us get sick.

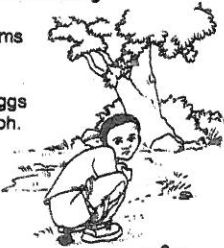
You can get hookworms when the young worms burrow through the skin of bare feet. The only way you can get whipworms and roundworms is if you swallow the eggs.

**Integrated School Health Programme
National School Nutrition Programme**

LEARN ABOUT WORMS

Worms spread easily

When a child with worms goes to the toilet in the bush, thousands of worm eggs come out with the poo. These eggs are too small to see and they get into our soil and water.



The worm eggs get onto our hands, under our finger nails and onto the food we eat.



Flies carry worm eggs and other germs onto our food.



When we swallow the eggs, they start to grow into worms inside us. These make us sick.



Worms make us sick

Worms live inside our bodies and eat our food and our blood.



Children with worms don't have enough energy to grow and to learn.

Protect your child from worms

All children should be treated for worms at school or pre-school.

Deworming medicine kills the worms and eggs, but there are also things you can do at home to protect your child from worms...



Let's stop worms spreading

1. Clean toilets

Encourage your family to use proper toilets where they have been provided.



If you must go to the toilet in the bush, dig a hole first and then cover the poo with sand to keep flies away.

2. Clean hands

Encourage your family to wash their hands ...

- before**
- eating or
 - preparing food



after

- going to the toilet
- playing or working outside
- playing with animals

3. Clean food

- Cover food to keep flies away
- Wash or cook fruit and vegetables before eating.



4. Clean home

Pick up rubbish and litter to stop flies spreading worms and other germs.



Basic Education
Health
Social Development

PCD Imperial College
London

